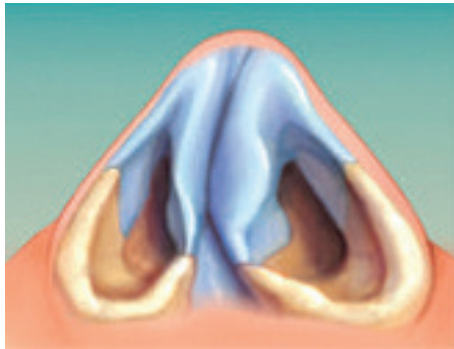
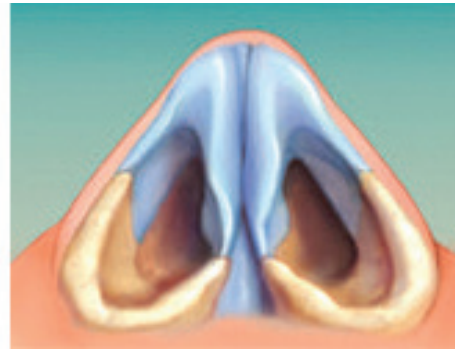


Septoplasty



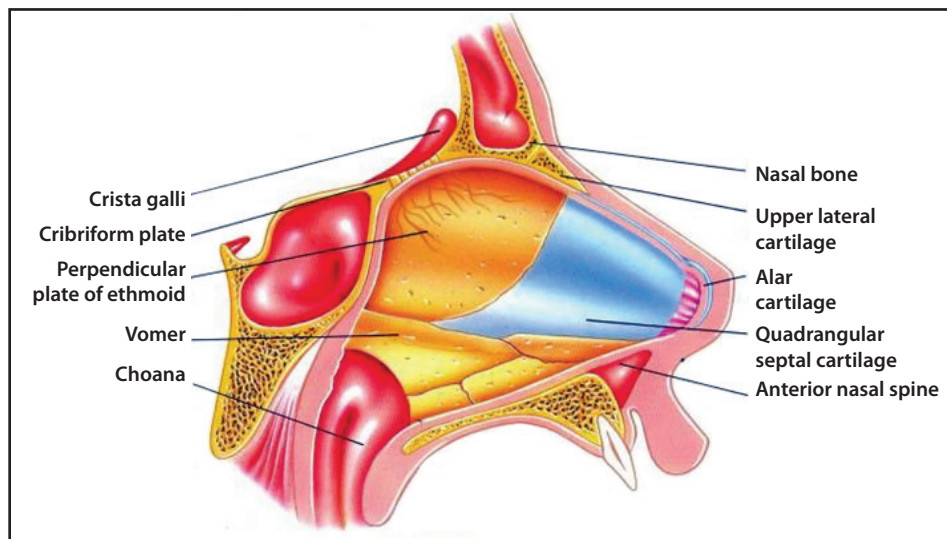
Deviated nasal septum



Straightened nasal septum

Septoplasty is a surgery to straighten the septum. The septum is the wall between the two sides of the nose. It is made up of cartilage in the front and bone in the back. The septum is often deviated causing nasal blockage, facial pressure, and sinus problems.

- The septum is corrected by making an incision on one side of the nose and lifting off the lining.
- The part of the cartilage that cause the deviation or blockage are removed.
- The lining is then put back in place and a small stitch is placed.
- A stent is then placed on each side of the nose to hold the septum in place. The stent has a hole in the middle to help you breathe. The stents are stitched together through the nose.
- After one week, you will return to our clinic to have these removed.
- The first week after surgery you will feel worse, as though you can't breathe through your nose. After the stents are removed, this improves.



PHYSICIANS' CLINIC
of Iowa, P.C.
Together in health.

Ear, Nose and Throat | 319-399-2022 | pcofiowa.com/ENT